



# Bronze Award Record Card

For recording activities only. Please retain until Award completion is authorised by Gaisce

Participant's name: \_\_\_\_\_ PAL's name: \_\_\_\_\_

Community Involvement activity: \_\_\_\_\_

Wk	Date	Time	Signature of supervisor
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			

Personal Skill activity: \_\_\_\_\_

Wk	Date	Time	Signature of supervisor
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			

Physical Recreation activity: \_\_\_\_\_

Wk	Date	Time	Signature of supervisor
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			

\_\_\_\_\_ activity: for an additional one hour per week for 13 weeks  
(participants choose to extend one of their activities)

Wk	Date	Time	Signature of supervisor
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			

Adventure Journey: 2 days and 1 night

Date From	Date To	Venue	Signature of supervisor